

# IDNG Suicide Prevention Program

The Idaho Army National Guard is committed to preventing suicide among Service Members and Families. Each member of the Idaho Army National Guard is incredibly valuable and we seek to support those members of our team who are struggling with thoughts of suicide. Suicide prevention is a Department of Defense (DOD) priority throughout the year. This fact sheet outlines program guidance, references, and resources for members of the IDNG.

## Key Regulations

- AR 600-63 Army Health Promotion Rapid Action Revision, 14 April 2015
- AR 600-85 Army Substance Abuse Program, 28 December 2012
- DA Pam 600-24 Health Promotion, Risk Reduction, and Suicide Prevention, 14 April 2015
- AR 638.16, Defense Suicide Prevention Program 6 November 2017
- DODI 6490.16, Defense Suicide Prevention Program 6 November 2017
- NGB-ZA ALL States LOG Memo p08-09, Army National Guard Suicide Prevention Program Policy

## Suicide Intervention Officer (SIO) Description

### IDARNG PAM 600-63

- Completes the Army ACE Intervention Training.
- Advises the commander on annual suicide prevention training requirements.
- Works with the SFRS and Chaplain to develop and maintain a list of federal, state, and local community service agencies, clinics, and hotlines for Soldier referral.
- Notifies the Chain-of-Command and Battalion Chaplain of any suicide attempts or completions. Provide initial and updated information to the SSPPM.
- Advise the commander of options available for providing support to the deceased Soldier's family and fellow Soldiers.
- Monitor for Soldiers in crisis and connect Soldiers with helping resources and agencies. With Chaplains, provide ACE Suicide Prevention for Leaders and ACE Suicide Prevention for Soldiers.
- Army National Guard (ARNG) Resilience, Risk Reduction and Suicide Prevention (R3SP) Campaign Plan (23 NOV 2010)

Appoint a Suicide Intervention Officer (SIO), E-5 or above (E-4s will be considered), on an additional duty basis via a Memorandum for Record at the Company / Troop / Battery level. The SIO should be the lead suicide prevention trainer and serve as the primary gatekeeper for the unit\*. \*\*SIOs should attend the ASIST course and be conversant in both ACE training programs.

*\*(1) each unit with 50 or less Soldiers has the CDR, ISG, or Readiness NCO and two additional Soldiers (E-6 and above) trained in a minimum of one Suicide Intervention Skill (i.e. ACE-SI or ASIST). (2) For each additional 50 Soldiers, the unit will have an additional Soldier (E-6 and above) trained in a Suicide Intervention Skill (i.e. <50 = 3 SM, 51 - 100 = 4 SMs, 101-150 = 5 SMs, etc.). (3) It will be the responsibility of the State SPC to maintain copies of training certificates and track and report trained individual's transfers between units and discharges from the organization.*

**\*\* IDNG encourages any member of the Guard that wishes to attend the 2-day ASIST and half day SIO training to attend the training. This is not limited to rank, age or experience, just a person that wishes to take-part in furthering the mission of suicide prevention.**

## SAMPLE SIO MEMO LANGUAGE

OFFICE SYMBOL

DATE

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Appointment of Unit Suicide Intervention Officer (SIO)

1. Effective DAY MONTH YEAR, the following Soldier is appointed as the Unit Suicide Intervention Officer for UNIT NAME. **(List Primary, then Secondary SIO for smaller units, and a list of all ASIST trained members in the unit. For larger units, five SIOs for every 100 Soldiers.)**

Last Name, First Name      RANK

2. Purpose: To provide suicide intervention education awareness for Unit. Monitor for Soldiers in crisis and connect Soldiers with helping resources and agencies. Conduct Unit's yearly required ACE or approved suicide prevention training.

3. References: IDARNG PAM 600-63, paragraph 4 i (6)

AR 600-63, paragraph 4-7 i (1)

DA PAM 600-24

4. Period: Indefinite until released or reassigned.

5. Special Instructions: Soldier will attend a 2-Day Applied Suicide Intervention Skills Training (ASIST) course and additional Suicide Intervention Officer training.

6. POC is NAME or UNDERSIGNED at PHONE & EMAIL

Signature Block

DISTRIBUTION:

1- Individual Concerned

1- Unit File

1-R3SP Program Manager

1-Suicide Prevention Coordinator

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